

GERMANY  
BREMEN

November  
23. - 25.  
2023

INVITATION  
PROGRAM  
[www.soap-meeting-bremen.de](http://www.soap-meeting-bremen.de)

NEW!  
22.11.2023  
Pre-Congress  
Masterclass  
Cadaver  
Course

Congress President: Prof. Dr. C. Can Cedidi

# SOAP-Meeting

STATE OF THE ART IN PLASTIC SURGERY

In Cooperation with



UMCG



PARTNER COUNTRY IN 2023:  
GERMANY - TURKEY



SOAP-Meeting  
Live Surgery Congress

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## Congress secretariat



Dr. Gülbin Sosur



Dr. Hazem Abdu



Dr. Heba Osama Mahmoud



Dr. Dilara Orak



Dr. Wasim Sakas

## General Congress Information

### Conference Date

November 23 - 25, 2023

### Congress Venue

Park Hotel Bremen  
Im Bürgerpark, 28209 Bremen

### Congress President

Prof. Dr. C. Can Cediti  
Clinical Director of Clinic for Plastic,  
Reconstructive & Aesthetic Surgery  
Klinikum Bremen-Mitte GmbH

### Congress Organisation & Management

Ramona Zielinski · Event Manager  
Logi-Vent GmbH  
Industriestr. 11, 27211 Bassum  
E-Mail: ramona\_zielinski@logi-vent.de  
P: +49 4241-93 32 31  
Fax: +49 4241 93 32 65

Laura Hachmeister · Event Manager  
Logi-Vent GmbH  
Industriestr. 11, 27211 Bassum  
E-Mail: laura\_hachmeister@logi-vent.de  
P: +49 4241- 93 32 83  
Fax: +49 4241 93 32 65

Alexandra Stephan · Event Manager  
Logi-Vent GmbH  
Industriestr. 11, 27211 Bassum  
E-Mail: alexandra\_stephan@logi-vent.de  
P: +49 4241- 93 32 86  
Fax: +49 4241 93 32 65

## Dear Colleagues,

Since 2018 the SOAP Meeting is one of TOP Live – Surgery congresses worldwide for Aesthetic Plastic Surgery, which is not just an outstanding achievement, but also a dream come true. It is a gathering of the most experienced plastic surgeons from around the world, where they not only present, but also perform live surgeries and show their tips and tricks, as well as simultaneously discuss and teach. This enables endless opportunities for all participants to learn and innovate, which we believe is essential, since sharing knowledge is the basis of scientific advancement. This is a learned skill, which keeps on giving throughout our professional lives.

We succeeded in being the first and only international Live-Surgery congress facilitating intimate learning possibilities in the world of Aesthetic Plastic surgery.

Following last year's great success, we proudly present this year's 5<sup>th</sup> SOAP-Live Surgery congress with ten special outstanding Live-Operations performed by the leaders and innovators of Plastic Surgery. We are working in cooperation with the International Society of Aesthetic Plastic Surgery (ISAPS), the German Society for Plastic, Reconstructive and Aesthetic Surgery (DGPRÄC) and the Turkish Society for Plastic, Reconstructive and Aesthetic Surgery (TPRECD).

We are also delighted to announce from this year onwards, that each year we are partnering with different plastic surgical societies from around the world. For SOAP Meeting 2023 we are honored to host the Turkish Society TPRECD as our partner.

For our participants this year we have organized two very special events. The first takes place the day before the congress and is our Pre- Congress : MASTERCLASS Cada-



ver course with 6 Hands-On Live operations by the experts focusing on Facial Aesthetic Surgeries. The second one will take place on the last day of the congress and is our Post- Congress : Hands-On Workshops with 9 minimal invasive Aesthetic Plastic surgical armamentarium performed by international experts.

Throughout the congress, you will be able to observe new and innovative methods in Aesthetic Plastic surgical procedures, to improve your expertise, results, and minimize complications. Furthermore, you will be able to ask questions directly to the operating surgeons and interactively discuss with them as well as other participants. Your discussions are the highlight of our congress; you do in fact operate with us.

We are very much looking forward to welcoming you to our special meeting here in the wonderful Free Hanseatic City of Bremen from the 23<sup>rd</sup> to the 25<sup>th</sup> of November. You definitely don't want to miss it.

Sincerely yours,

Prof. Dr. C. Can Cediti  
Congress President



VENUE

The conference will take place all day from November 23 - 24, 2023 at the Hommage Parkhotel Bremen.

Parallel to this runs the scientific program in the immediate vicinity of the exhibition. The coffee breaks in the morning and afternoon as well as the lunch breaks will take place directly in the industrial exhibition.

**HANDS-ON / OBSERVER  
PRE-CONGRESS  
MASTERCLASS  
CADAVER COURSE  
MEET THE  
EXPERTS!**

Wednesday  
November 22, 2023

**NEW!**

Cadaver Live Dissection  
Guidelines for the  
dynamic areas of the face



- = Gold-Partner
- = Silver-Partner
- = Bronze-Partner

**1** Facelift Approaches  
Alexis Verpale  
& Patrick Tonnard

**2** Facelift Approaches  
Dirk Richter &  
Mario Pelle Ceravolo

**3** Rhinoplasty:  
Preservation vs. Structural  
Nazim Cerkes & Nuri Alamuti

**4** Facelift Approaches  
Serdar Eren

**5** Endoscopic and  
minimal invasive Facelift  
Ozan Sozer & C. Can Cediti

**6** Non-operative Facelift  
Claudia Schaar & George  
Sulamandize

TOPICS COVERED

- Open Septorhinoplasty - Basic Concepts
- Open Septorhinoplasty - Tip sculpting
- Open Septorhinoplasty - Advanced techniques
- Rhytidectomy - MACS lift and Deep plane Facelift
- Forehead and Neck Lift
- Upper and Lower Lid
- Blepharoplasty
- Otoplasty
- Non-Surgical Facial rejuvenation

\*The course requires a minimum of 20 participants



In Cooperation with the Department of Plastic Surgery - University Medical Center Groningen  
Dr. Mike Ruettermann - Coordinator Cadaver Dissection Course Plastic Surgery

## OUR EXPERTS

We are pleased to welcome more than 30 top-class speakers from all over the world in Bremen.

Dr. Nuri Alamuti	Wiesbaden · Germany	Director Private Clinic Alamuti and Scholz
Prof. Dr. Mehmet Bayramiçli	Istanbul · Turkey	Director of Plastic, Reconstructive and Aesthetic Surgery Marmara University
Dr. Catherine Bergeret-Galley	Paris · France	President French Society of Plastic Surgery
Prof. Dr. Nazim Cerkes	Istanbul · Turkey	Past President of ISAPS and Rhinoplasty Society of Europe
Prof. Dr. Cenk Demirdöver	Izmir · Turkey	President Turkish Society for Plastic, Reconstructive and Aesthetic Surgery   Director of Plastic and reconstructive Surgery 9. Eylül University
Dr. Serdar Eren	Istanbul · Turkey	Director of Health and Aesthetics Center Istanbul
Prof. Dr. Günter Germann	Heidelberg · Germany	Director Ethanium Clinic
Dr. Amir Farhang Gharagozlou	Bremerhaven · Germany	Head of Departement of Plastic Surgery Klinikum-Bremerhaven Reinkenheide
Dr. Felix Graf von Spiegel	Munich · Germany	Director of Nymphenburger Praxis
Prof. Dr. Moustapha Hamdi	Brussel · Belgium	Head of Departement of Plastic Surgery Brussels University Hospital
Prof. Dr. Ahmed Khashaba	Egypt · Cairo	President of ICOPLAST   Head of Plastic Surgery Department, Dar Alfouad Hospital
Prof. Dr. Jörn Lohmeyer	Hamburg · Germany	Director Department for Plastic Reconstructive and Aesthetic Surgery Diakonieklinikum Hamburg
Dr. Horacio F. Mayer	Buenos Aires · Argentina	Director of Plastic & Reconstructive Surgery Department University Hospital Italiano de Buenos Aires
PD Dr. Dan mon O'Dey	Aachen · Germany	Director Departement of Plastic Surgery Luisenhospital Aachen
Prof. Dr. Burcu Celet Özden	Istanbul · Turkey	Director of Istanbul Breast Clinic
Prof. Dr. Mario Pelle Ceravolo	Rome · Italy	Director of Private Clinic Mario Pelle Ceravolo
Prof. Dr. Dr. Lukas Prantl	Regensburg · Germany	Director of Plastic and Aesthetic Surgery University Hospital
Mr. Maniram Ragbir	New Castle · Great Britian	President of British Society of Plastic Reconstructive and Aesthetic Surgery
Dr. Dirk Richter	Cologne · Germany	Director of Institut ID
Dr. Mike Ruettermann	Groningen · Netherlands	Head of Anatomic Dissection Course, University Medical Center Groningen
Dr. Claudia Schaar	Wiesbaden · Germany	Director of Taunus Aesthetics
Prof. Dr. Cemal Senyuva	Istanbul · Turkey	Director of Private Clinic
Dr. Ozan Sozer	El Paso, Texas · USA	Director of el paso cosmetic surgery
Dr. Matt Stefanelli	Dubai · AE	Director of Cocoon Clinic
Dr. George Sulamandize	Tiflis · Georgia	General Director of APTOS
Dr. Marlen Sulamandize	Tiflis · Georgia	Inventor of APTOS Threads & Chief of APTOS Company
Prof. Luiz Toledo	Dubai · AE	Director of Shape Medical Center
Dr. Patrick Tonnard	Ghent · Belgium	Co-Director TONNARD & VERPAELE Clinic
Prof. Dr. Zekeria Tosun	Selcuk · Turkey	Secretary Turkish Society for Plastic, Reconstructive and Aesthetic Surgery, Head of Departement University Selcuk
Dr. Klaus Ueberreiter	Berlin · Germany	Director Park-Klinik Birkenwerder
Dr. Alexis Verpaele	Ghent · Belgium	Co-Director TONNARD & VERPAELE Clinic
Prof. Dr. Peter M. Vogt	Hannover · Germany	Clinic Director Plastic, Aesthetic, Hand and Reconstructive Surgery at the Hannover Medical School
Dr. Uwe von Fritschen	Berlin · Germany	Director Departement of Plastic, Aesthetic, Hand and Reconstructive Surgery, HELIOS Clinic Emil von Behring
Prof. Dr. Akin Yücel	Istanbul · Turkey	Director of Private Practice Prof. Dr. Akin Yücel

## SCIENTIFIC PROGRAM - OVERVIEW

Wednesday, November 22, 2023		Friday, November 24, 2023	
Pre-Congress Cadaver Course Masterclass		WELCOME	
		08.00	I. Lectures
		08.30	Coffee Break
Thursday, November 23, 2023		Operation I	
08.00	WELCOME	Operation II	
	I. Lectures	11.30	Lunch Break
	Operation I	II. Lectures	
	Operation II	Operation III	
11.00	Coffee Break	Operation IV	
	II. Lectures	15.30	Coffee Break
	Operation III	Operation V	
	Operation IV	III. Lectures	
14.00	Lunch Break	IV. Lectures	
	Operation V	End of Day 2	
	III. Lectures	Saturday, November 25, 2023	
15.40	Coffee Break	Post-Congress Expert Workshops	
	IV. Lectures	WELCOME	
End of Day 1		10.00	Workshops
		End of Day 3	

November 23, 2023

08.00 WELCOME - C. Can Cedidi

Greetings from **Andrea Bronner** - Clinic-Director of Klinikum Bremen MitteGreetings from **Nazim Cerkes** - Past President International Society of Aesthetic Plastic Surgery (ISAPS)Greetings from **Ahmed Khashaba** - President of ICOPLAST (International Confederation of Plastic Surgery Societies)Greetings from **Cenk Demirdöver** - Turkish Society of Plastic, Reconstructive and Aesthetic Surgery (TPRECD)Greetings from **Günter Germann** - Past President German Society of Plastic, Reconstructive and Aesthetic Surgery (DGPRÄC)Greetings from **Nuri Alamuti** - Association of German Aesthetic Plastic Surgeons (VDÄPC)

## I. Lectures

Moderators: Günter Germann, Moustapha Hamdi, Horacio Mayer

Danger zones of fat injections into the buttocks - **Luis Toledo**Surgical approach in mastopexy revision with implants - **Moustapha Hamdi**Breast implant removal and replacement with fat - **Lukas Prantl**Modern Lip Augmentation - **Alexis Verpaele**Structural vs preservation rhinoplasty - **Nuri Alamuti**Rhinoplasty: What is the best approach - **Nazim Cerkes**Introduction of the patients of the day - **Hazem Abdu & Dilara Orak****Operation I - High End Limited Scar Mastopexy** - C. Can Cedidi (Saal 1)**Operation II - High Definition Inner Bra Mastopexy** - Serdar Eren (Saal 2)

11.00 Coffee Break

## II. Lectures

Moderators: Lukas Prantl, Nuri Alamuti, Ahmed Khashaba

Medicine Tourism - **Günter Germann**Periareolar Mastopexy: are we lifting the breast, or are we deceiving our eyes? - **Mario Pelle Ceravolo**Nipple-Areola Complex Relocation in Gynecomastia after Massive Weight loss - **Ahmed Khashaba**How to correct breast asymmetry - **Felix Graf von Spiegel**How to achieve the best outcome in augmentation Mastopexy - **Akin Yükccl**Autologous Augmentation Mastopexy - **Mehmet Bayramiçli****Operation III - Upper Facelift and Bullhorn with Liplift** - Mario Pelle Ceravolo (Saal 1)**Operation IV - Open approach Rhinoplasty** - Nazim Cerkes (Saal 2)

14.00 Lunch Break

**Operation V - HD Body Contouring** - Cemal Senyuva (Saal 1)

## III. Lectures

Moderators: Klaus Überreiter, Alexis Verpaele, Burca Celet Özden

Technical considerations of invasive procedures in thigh lifting - **Dirk Richter**Synthetic and biological Implants in Aesthetic Breast Surgery - **Moustapha Hamdi**New Horizons in Breast Augmentation - **Uwe von Fritschen**How to sculpt the breast after subcutaneous mastectomy - **Cenk Demirdöver**Alternative tools and strategies in breast revision - **Burcu Celet Özden**

15.40 Coffee Break

## IV. Lectures

Moderators: Patrick Tonnard, Luis Toledo, Cenk Demirdöver

Vertical-scar vs inverted T-scar technique in reduction mammoplasty - **Zekeriya Tosun**MTF and FTM Breast Surgery - **Matt Stefanelli**Nonsurgical Body Contouring treatments - **Patrick Tonnard**Glidelift: no visible scar facelift - **Ozan Sozer**How to deal with asymmetry in Breast Surgery - **Uwe von Fritschen**Decision Making on Capsular fibrosis in Plastic Surgery - **Jörn Lohmeyer**

End of Day I

Program  
subject to  
changes.

**November 24, 2023**

WELCOME – C. Can Cedidi

08.00

**I. Lectures**

Moderators: Dirk Richter, Serdar Eren, Akin Yücel

Challenges within revision rhinoplasty - My experience of 30 years – Nazim Cerkes

Standards for Brow Lifting and Upper Blepharoplasty in 2023 – Dirk Richter

Science and Aesthetic Surgery: an uncomfortable relationship – Mario Pelle Ceravolo

Neck Lifting Surgery - Complications and How to treat and avoid them – Serdar Eren

Introduction: Patients of the Day – Hazem Abdu & Dilara Orak

08.30 Coffee Break

**Operation I – Facelift – Ozan Sozer (Saal 1)**

**Operation II – Facelift – Patrick Tonnard & Alexis Verpaele (Saal 2)**

11.30 Lunch Break

**II. Lectures**

Moderators: Dan mon O'Dey, Uwe von Fritschen, Cemal Senyuva

Cosmetic labiaplasty – relevant anatomy and surgical decisions – Horacio Mayer

Refinements in Fat Transplantation – Klaus Ueberreiter

Indications and Perspectives in Female Intimate Surgery – Dan mon O'Dey

Refinements in upper and lower extremity Aesthetic Surgery – Cemal Senyuva

**Operation III – French peach butt – Female Intimate Surgery – Matt Stefanelli (Saal 1)**

**Operation IV – Brazilian Butt lift – Body Contouring – Luiz Toledo (Saal 2)**

15.30 Coffee Break

**Operation V – Anatomic reconstruction of the Outer Female Genital – Dan mon O'Dey (Saal 1)**

**III. Lectures**

Moderators: Peter Vogt, Mario Pelle Ceravolo, Mehmet Baramicili

Challenging Body contouring after massive weight loss – Klaus Ueberreiter

Midface lift: The effective alternative – Serdar Eren

Push-Up mammoplasty as a breast reshaping and repositioning procedure – Akin Yücel

3D Abdominoplasty – Cemal Senyuva

The Centrofacial Approach for Correcting facial Aging – Alexis Verpaele

Are you sure you are doing the right thing on the SMAS – Mario Pelle Ceravolo

**IV. Lectures**

Moderators: Zekeria Tosun, Matt Stefanelli, George Sulamandize

Female Genital Rejuvenation (Surgical and Non-Surgical) – Matt Stefanelli

What is the Future Perspective of Plastic Surgery – Peter Vogt & Cenk Demirdöver

End of Day 2

Program  
subject to  
changes.

November 25, 2023

WELCOME – C. Can Cedidi

10.00 Workshops

1. Facelift Surgery - Serdar Eren
2. Injection guidelines for the dynamic areas of the face - Claudia Schaar
3. Nanofat / Microfat - Alexis Verpaele
4. Choice and planning of breast implants - Burcu Celet Özden
5. Nanofat / Microfat - Patrick Tonnard
6. New Horizons: Threadlifts - George Sulamanidze & Marlen Sulamandize
7. Different Technical Considerations for Lip Filler - Luis Toledo
8. Laser Lipolysis Chin Region - Amir Farhang Gharagozlou
9. New technical Consideration for Threadlifts in Facial Rejuvenation - George Sulamandize & Marlen Sulamandize

End of Day 3

Program  
subject to  
changes.

## IMPRESSIONS FROM THE LAST YEARS



## COOPERATION PARTNER



## DGPRÄC

The "German Society of Plastic, Reconstructive and Aesthetic Surgeons" (DGPRÄC) is officially representing more than 1700 German Plastic surgeons both nationally and internationally. Founded in 1968 the society is officially representing German Plastic Surgery in politics and science. Only surgeons holding the German title "Specialist for Plastic and Aesthetic Surgery" or "Specialist for Plastic Surgery" are qualified for membership. Doctors in training may apply for "associate membership".



## TPRECD

The mission of the Turkish Society of Plastic Reconstructive, and Aesthetic Surgery is to provide safe, ethical, efficacious, and the highest quality patient care; to develop and support the domestic and international education; to promote the fields of Plastic Surgery, including cranio-maxillofacial surgery, orthognathic surgery, microsurgery, hand surgery, trauma surgery, surgery of the congenital anomalies, burns, oncologic surgery, and aesthetic surgery; scientific and clinical research; and to organize scientific and professional activities.

More impressions at  
[www.soap-meeting-bremen.de](http://www.soap-meeting-bremen.de)






# We look forward to a wonderful congress together!

## CONTACT PERSON




We will be happy to assist you with all your wishes, questions and suggestions and look forward to talking to you personally:

### LOGI-VENT GMBH




**Ramona Zielinski**

-  0 42 41- 93 32 - 31
-  0 42 41- 93 32 - 65
-  [ramona\\_zielinski@logi-vent.de](mailto:ramona_zielinski@logi-vent.de)

**Laura Hachmeister**

-  0 42 41- 93 32 - 83
-  0 42 41- 93 32 - 65
-  [laura\\_hachmeister@logi-vent.de](mailto:laura_hachmeister@logi-vent.de)

**Alexandra Stephan**

-  0 42 41- 93 32 - 86
-  0 42 41- 93 32 - 65
-  [alexandra\\_stephan@logi-vent.de](mailto:alexandra_stephan@logi-vent.de)